

Maindee

**MAINDEE NEWSLETTER**  
**SPRING 2024**



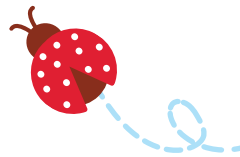
## Decade of change

In 2014 several local organisations began meeting to identify common issues in the Maindee area. The picture on the cover, of children at The Patch, was taken in June of that year, at one of the Maindee-wide events held to clarify what concerned people. A new charity, Maindee Unlimited, emerged from all this planning work with an aim to *“transform Maindee into a sustainable community with a strong local identity, strong local economy and a reputation as an attractive, safe, culturally vibrant and cohesive place to live, work and relax”*.

The Charity then moved from **planning** to **doing**. Re-opening the Library in 2015 was a good start. Then the Greening Maindee programme started to transform neglected areas into attractive and safe spaces for people and wildlife. The benefits of the ongoing work of the Greening volunteers is now appreciated throughout the community. Maindee has a growing reputation as a *“circular economy” hub* (see pages 7-10) and the newly published *“Taste of Maindee” recipe book* (see page 4) identifies and celebrates the rich cultural vibrancy

of the area. The Triangle, which had fallen into dereliction, was saved and the site transformed. Sadly, the Indulge Café on the Triangle has now closed (times are hard for many local traders) but the building will soon re-open as **a new community space** (see page 17). Many new events and activities now take place in Maindee (just read through the newsletter!) and this all helps to strengthen the positive identity of the place and help it become more attractive, cohesive and connected.

**Welcome to our Spring Newsletter!**



**What's on!**

**Wednesday 28th February-**

Luke Wright's Silver Jubilee, poetry/stand-up, 7:30pm.

**Saturday 6th April-**

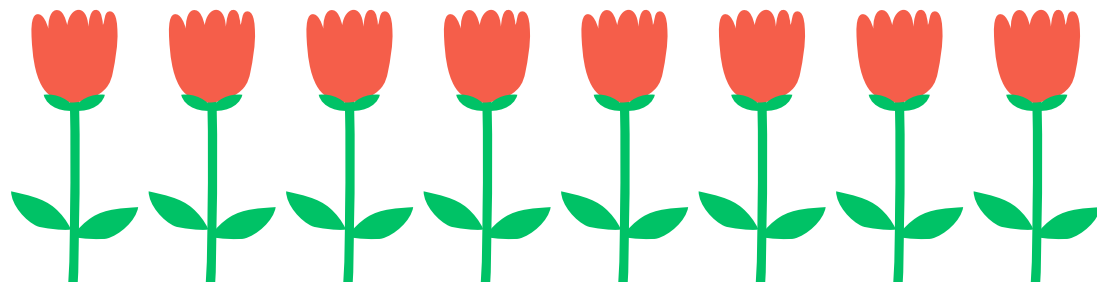
Woodland Parklife Spring work event from 10am to 1pm.

**Saturday 4th May-**

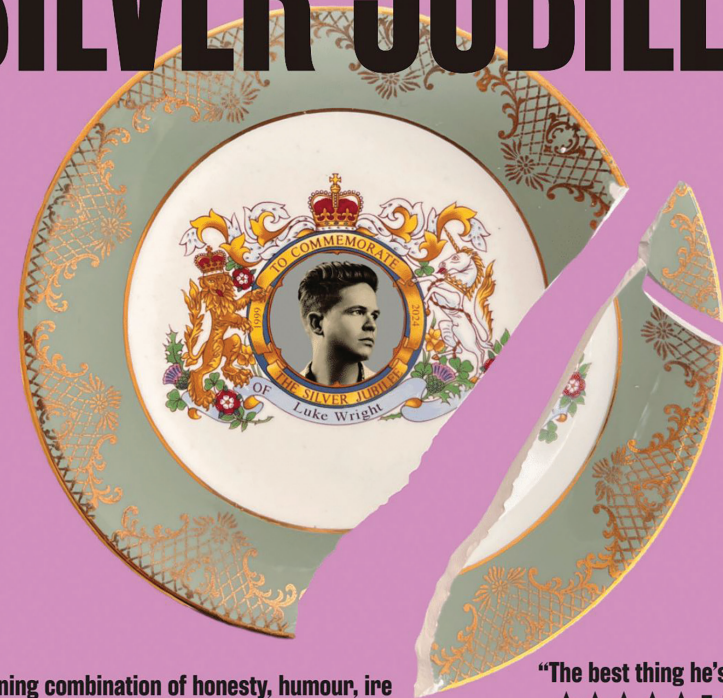
Kharis Quartet, four international musicians, 7pm.

**Saturday 8th June-**

Woodland Parklife bioblitz event in the orchard and meadow.



# LUKE WRIGHT'S SILVER JUBILEE



**“A winning combination of honesty, humour, ire and wonder. He is at the peak of his powers.”**

★★★★★ Stage

**“The best thing he's done.”**

★★★★★ Telegraph

**ON TOUR 2024**

**7.30 Wednesday 28 February**  
**Llyfrgell Maindee Library NP19 8BY**

Tickets £10 in library or  
£11 on Eventbrite. BAR



**Noson Allan**  
**Night Out**

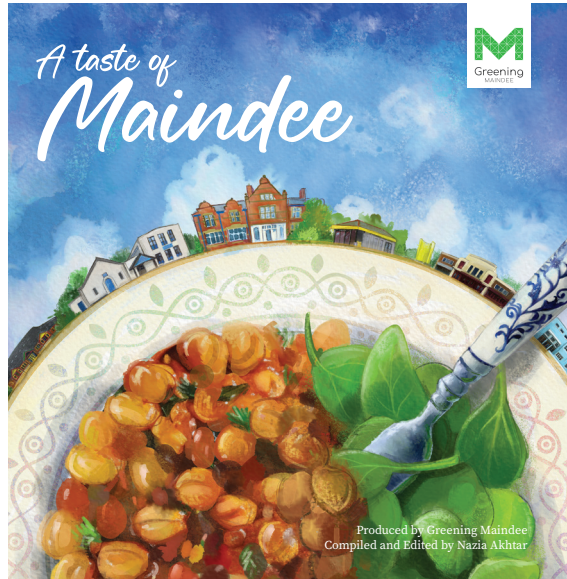
**M**  
Maindee



# Taste of Maindee

## Exciting news from Greening Maindee!

We have produced a recipe book called "A Taste of Maindee". The motivation behind this book was the diverse cultural identities found here in Maindee. It is a vibrant community and the recipes in this book communicate a passion for food shared across cultures. The book not only contains recipes - it includes some fascinating stories and personal journeys from Maindee residents and original poetry and beautiful photography and artwork.



Taste of Maindee will be in the library (buy a copy for £10 or borrow a copy) from March. Email [greeningmaindee@gmail.com](mailto:greeningmaindee@gmail.com) now to pre-order.



Images © Ian Agland, Kamila Jarczak, Rhys Webber

# Disposable Nappies- Expensive and Wasteful

People throw away around **140 million** disposable nappies in Wales every year. Apart from the cost, chucking nappies away is such a waste especially now there are great re-useables. Don't worry, we're not talking about those terry towel nappies your Nan used. Modern re-useables are simple, easy to wash and come in brilliant designs. You can find out more at **Wales' first ever professionally run nappy library at the Reuse Centre on Chepstow Road.** Laura Steggles, shown here, runs the library. She can provide support, information and even **free cloth nappies** if you want to try switching. Scan the code to go the nappy Facebook page.

You can also contact Laura on [Laura.steggles@wastesavers.co.uk](mailto:Laura.steggles@wastesavers.co.uk) or at a session in the Reuse Centre on the **second Wednesday of each month between 10 and 12 midday.**





# MAINDEE FESTIVAL

It's time to start getting ready for this year's Maindee Festival on **Saturday July 6th** in the lovely wooded grounds of Maindee Primary School.

Maindee's annual free community arts festival is always a lot of fun but each year there is a theme that can often reflect more serious concerns. This year the theme is "**Fresh Air**" and the festival crew want to help us all think a bit more about air quality. There are some great things going on to tackle air quality (more trees anyone?) but there is still too much nasty stuff in the air. This year its all about being fresher cleaner and greener. **How cool is that!** The big festival tent is being curated for us by the Circular Economy crew ([see centre pages](#)) - all about wasting less, up-cycling, and fixing stuff - more sustainable in fact!

...Plus loads of music, dance, food, poetry, and brilliant stalls to check out.

Get in touch if you want to book a pitch, perform, be a steward or generally help out:

[Festival@maindee.org](mailto:Festival@maindee.org) or  
text 07925 436903.



← rhwygwech allan a rhannwch gyda rhywun!

← rip out and share with someone!

swap, repair, borrow, reuse

are you ready for the

SHARING REVOLUTION?

cyfnewid, trwsio, benthyca,  
ailddefnyddio

ydych chi'n barod am y

CHWYLDRO RHANNU?



# NEWPORT CIRCULAR ECONOMY NETWORK

Hello readers! Exciting news for Newport, we are leading in building a circular economy for our city. What is the circular economy you ask? It's all about saying goodbye to waste in our lives.

There is good reason for this, we can keep the things we need and love working for longer by repairing them. We can share items that cost more and only need to come out the shed once a year – who doesn't have a house full of clutter? And get this, waste can have value! One person's junk is another's treasure as the saying goes!

This project is running for three years, there will be plenty of ways to get involved. Volunteer opportunities are on the horizon, and we are all ears for your ideas! My name is Aidan and you can contact me by e-mail using [artaylor@maindee.org](mailto:artaylor@maindee.org) I am often in Llyfrgell Maindee Library during the week – drop by and say hello!

## RHWYDWAITH ECONOMI GYLCHOL CASNEWYDD

Helo ddarlennwyr! Dyma newyddion cyffrous i Gasnewydd, rydyn ni'n arwain ar adeiladu economi gylchol ar gyfer ein dinas. Beth yw'r economi gylchol, gofynnwch? Mae'n ymwneud â dweud hwyl fawr wrth wastraff yn ein bywydau.

Mae achos da dros hyn, gallwn gadw am fwy o amser y pethau sydd eu hangen arnom a'r pethau rydyn ni'n eu caru, drwy eu trwsio. Gallwn rannu eitemau sy'n costio mwy ac sydd ond angen dod mas o'r sied unwaith y flwyddyn – tŷ pw y sydd ddim yn llawn dop o geriach? A dyma'r peth, gall gwastraff fod yn werthfawr! Traglwns un yw trysor arall, fel y dywed yr idiom!



Mae'r prosiect hwn yn cael ei gynnal am dair blynedd, a bydd digonedd o ffyrdd y gallwch chi gymryd rhan. Mae cyfleoedd i wirfoddolwyr ar y gorwel, ac rydyn ni'n agored iawn i glywed eich syniadau! Fy enw i yw Aidan a gallwch gysylltu â mi dros e-bost gan ddefnyddio [artaylor@maindee.org](mailto:artaylor@maindee.org) Yn aml, dwi yn Llyfrgell Maendy yn ystod yr wythnos – picwch i mewn i ddweud helo!

Aedau Segur  
Camau Cynaliadwy Cymru

Ddarperir gan  
CRONFA GYMUNEDOL  
LOTERI GENEOLAETHOL

Dormant Assets  
Sustainable Steps Wales

Delivered by  
THE NATIONAL LOTTERY  
COMMUNITY FUND



Wastesavers

# LIBRARY OF THINGS

with  
gyda **benthyg cymru**

## LLYFRGELL PETHAU



In the Summer of 2024, we will be opening the doors to the Maindee Library of Things. Where you can borrow all sorts of items at low cost, such as a carpet cleaner, a drill or perhaps a hedge trimmer!

Borrowing from the Library of Things will save you money, storage space and help reduce waste. All adding up to a positive impact for our local community!

We want to hear from you about the items you would like to borrow – will you take five minutes to complete our questionnaire? Scan the QR code below to take part!

Yn ystod haf 2024, byddwn ni'n agor drysau Llyfrgell Pethau Maendy. Yma, bydd modd i chi fenthyca pob math o eitem am bris isel, fel glanhawr carpedi, dril neu hyd yn oed dociw'r perthi!

Bydd benthyca o'r Llyfrgell pethau'n arbed arian a lle storio i chi, ac yn helpu i leihau gwastraff. Mae'r cyfan hyn yn dod ynghyd i greu argraff gadarnhaol ar gyfer ein cymuned leol!



Hoffem glywed oddi wrthyhych chi am yr eitemau yr hoffech chi eu benthyca – allwch chi roi pum munud i lenwi ein holiadur? Sganiwch y cod QR i gymryd rhan.





# GET INVOLVED!

# CYMERWCH RAN!

## CHILDREN'S COSTUME LIBRARY FOR WORLD BOOK DAY

We are running a Children's Costume library in advance of World Book Day where you can borrow from an extensive range of costumes. This collection is suitable for babies through to primary leavers. Help to reduce waste, save money and contribute to a community resource. Browse and borrow costumes at Llyfrgell Maindee Library, Saturday 24th February, 1-3pm. Costumes are £2 a piece to borrow.

## MINI CLIMATE FAIRE

Join us for a free evening of activities with a climate focus. We will be launching an all new climate book section in the library and you can meet with various groups who are active in Newport. Llyfrgell Maindee Library, Wednesday 6th March 2024 from 6.30pm. Free entry.

## 'GOING CIRCULAR' FILM SCREENING AND PANEL Q&A

For anyone who wants to learn more about the circular economy. We will be screening the film "Going Circular" by the director of "My Octopus Teacher", followed by a panel discussion with guests full of knowledge and ideas on repair, sharing and reuse. Llyfrgell Maindee Library, Saturday 20th April, 1pm - 5pm. Sign up for free entry on maindee.org.

Visit [maindee.org/newport-circular-economy-network](http://maindee.org/newport-circular-economy-network) for updates on these events.

## LLYFRGELL GWISGOEDD I BLANT AR GYFER DIWRNOD Y LLYFR

Rydyn ni'n cynnal llyfrgell Gwisgoedd i Blant cyn Diwrnod y Llyfr, ble gallwch fenthyca o blith dewis helaeth o wisgoedd. Mae'r casgliad hwn yn addas i bob oedran o fabis hyd at blant sy'n gadael yr ysgol gynradd. Helpwch leihau gwastraff, arbed arian a chyfrannu at adnodd cymunedol. Gallwch bori drwy'r casgliad a benthyca gwisgoedd yn Llyfrgell Maendy, ddydd Sadwrn 24 Chwefror, 1-3pm. Mae'n costio £2 y darn i fenthyca gwisgoedd.

## FFAIR HINSAWDD FECHAN

Ymunwch â ni ar gyfer noson rad ac am ddim o weithgareddau gyda ffocws ar yr hinsawdd. Byddwn ni'n lansio adran newydd sbon o lyfrau hinsawdd yn y llyfrgell, a gallwch gwrdd â grwpiau amrywiol sy'n weithredol yng Nghasnewydd. Llyfrgell Maendy, nos Fercher 6 Mawrth 2024 o 6.30pm. Mynediad am ddim.

## DANGOSIAD FFILM 'GOING CIRCULAR' A SESIWN HOLI AC ATEB GYDA PHANEL

Ar gyfer unrhyw un sydd eisiau dysgu mwy am yr economi gylchol. Byddwn ni'n dangos y ffilm "Going Circular" gan gyfarwyddwr "My Octopus Teacher", ac yna cynhelir trafodaeth banel gyda gwsteion gwybodus a llawn syniadau am drwsio, rhannu ac ailddedfyddio. Llyfrgell Maendy, ddydd Sadwrn 20 Ebrill, 1pm - 5pm. Cofrestrwch i gael mynediad am ddim ar maindee.org.

Ewch i [maindee.org/newport-circular-economy-network](http://maindee.org/newport-circular-economy-network) i gael diweddariadau am y digwyddiadau hyn.

Community House

What's on...



[www.communityhousemaindee.org](http://www.communityhousemaindee.org)  
[sarah.miller@etonrdch.org](mailto:sarah.miller@etonrdch.org)  
 Mobile: 07746 440761

GROUP	WHAT	WHEN	CONTACT
Community Youth Project	Activities for 6-25 year-olds	Most weekdays	07746 440761
Maindee Men	Men's friendship group	Weds 4:30 - 6:30	07837 405547
Coffee&Laughs	Women's friendship & craft group	Thursdays 1:00 - 3:00 in term-time	07482 308482
TGP Cymru & EU Settlement Scheme Support Drop-In	Advice for EU citizens	Roma Appts Tuesdays & EU Drop-In Wednesdays	0808 802 0025 07971 554528
ESOL - English for Speakers of Other Languages	Register now for English classes	Weekdays, different times, different levels	To find a class, first book an assessment: <a href="mailto:reach@coleggwent.ac.uk">reach@coleggwent.ac.uk</a> 07805272916 - messages
Bundles Baby Clothing Bank & Birth Support	Support for new mums - equipment & nappies donations welcome!	Volunteers and Bookings - Message us to check times	07432 648925 Facebook- Bundlesbirthsupport/ Bundles Baby Bank
Outreach Psychological Health Practitioner	NHS one-to-one appointments for mental health and well-being advice	Also in Bengali, Hindi, Punjabi, Urdu or with an interpreter	Text/WhatsApp 07581 007498

**Other activities:** Beginners' gymnastics, free meals, church services, interfaith activities, Slimming World, baby clinic, Bulgarian Saturday School, Islamic classes, information days and events.



FoodCycle Newport are looking for volunteers once or twice a month for our hot community meals on Tuesday nights at Community House. Go to [www.foodcycle.org.uk](http://www.foodcycle.org.uk) or text **07976 267367** for info.



## Housing Survey

Housing is a **big** problem. Rents are often sky high. Old houses can be expensive to heat and are often damp. Some houses are just not fit to live in. Last year community housing professionals from Cympas advised Maindee Unlimited on what, if anything, the Charity might do to improve the situation. The idea of setting up a Community Land Trust seems a good way to move things forward. That local Land Trust would probably partner up with a Housing Association to start providing homes.

You can help to move things on by completing a survey. Text **"Survey"** with your home address to **07925 436903** and we will post one for you to complete and return. **Surveys are totally confidential.** You can also download a survey from <https://www.maindee.org/uploads/unlimited/HousingSurvey.pdf> and copies are available at Llyfrgell Maindee Library, Community House and Maindee Primary School. Please return surveys by the end of February. If you're interested in getting more involved get in touch at [info@maindee.org](mailto:info@maindee.org) or **07925 436903**.

WRIGHT & GRAINGER'S

# HELIOS

WINNER OF SUMMERHALL'S LUSTRUM AWARD, EDINBURGH FRINGE 2023

FROM THE CREATORS OF THE INTERNATIONALLY AWARD-WINNING  
**ORPHEUS, EURYDICE & THE GODS THE GODS THE GODS**

'A TENDER TALE SWEETLY TOLD' - THE GUARDIAN

'A SHINING LITTLE PIECE OF THEATRICAL ALCHEMY' - LYN GARDNER

A lad lives half-way up a historic hill.  
A teenager is on a road trip to the city in  
a stolen car. A boy is driving a chariot  
pulling the sun across the sky

HELIOS transplants the Ancient  
Greek tale into a modern-day myth  
set in the winding roads of rural  
England and into the everyday  
living of a towering city

**7.30PM FRIDAY 22ND MARCH**  
**LLYFRGELL MAINDEE LIBRARY NP19 8BY**

£10 door or Eventbrite - search "Helios Maindee"  
free entry if you are under 19 years old



Noson Allan  
Night Out



## Maindee Foster Carers

Sometimes a child, for all sorts of reasons, cannot stay with their own family. A foster carer can then accept a child as part of their own family for a month, a year, several years or just one night. You can become a foster carer whether you own your home or rent it, whether you're married or single, whatever your ethnicity or sexual orientation.

**Maggie** and **Sylvia** (pictured here) both live in Maindee and are both highly experienced foster carers. They have both kindly agreed to share some of their experiences.



It was an advert for foster carers in the Argus back in 1972 that first caught Sylvia's eye. **"I decided to apply as I felt it would be lovely to give a child a loving home the same as my own two boys had."**

My first child was a three-year-old boy who stayed with me for thirteen years. Since then I have fostered many children over the 51 years that I have been an approved foster carer. I am now 77 and have no plans for retirement. I currently have a 2-year-old child who has been with me for six months and prior to that I had a newborn baby who was with me for ten months until she went to her forever family. Fostering can be challenging at times but it is so rewarding to be able to make a difference to the lives of those most vulnerable in our community. **If you have a spare room and some love to share please contact Newport Social Services for a chat about how you can join the team."**

Our second local carer, Maggie, has been fostering for 12 years. She says it gives her a sense of purpose and that she enjoys seeing the young people she works with mature and blossom into young adults. **"Anyone from any background can apply"**, she says. "I do have my own adult children and grandchildren but also know foster carers who don't have birth children of their own. I have worked with children of many different ages as well as those from different communities and cultures. I have learnt a lot from them. I personally enjoy working with teenagers but I know other carers who prefer younger children. **The local authority provides a lot of support to their foster carers"**.

For more information on becoming a foster carer contact the Newport team on **01633 210272** or **fostering@newport.gov.uk**.

## pam dewis ni? why choose us?

maethu  
cymru

Casnewydd

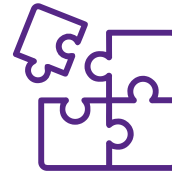
foster  
wales

Newport



fel tim o arbenigwyr a gwasanaethau lleol, rhoddwn blant wrth galon popeth a wnawn

as a team of local experts and services, we put children at the heart of everything we do



ymdrechwn gyfateb plant gyda'r gofalgwyr maeth cywir ar gyfer y canlynidau gorau posibl

we strive to match children with the right foster carers for the best possible outcomes



gall plant aros yn lleol a chadw cysylltiadau pwysig

children can stay local and maintain important bonds



rydym yn gorff nid-er-elw yma ar gyfer plant, nid cyfranddalwyr

we're here for children, not shareholders



01633 210272

fostering@newport.gov.uk  
fosterwales.newport.gov.uk



NEWPORT  
CITY COUNCIL  
CYNGOR DINAS  
CASNEWYDD



## A Year in Woodland Park



WOODLAND PARK

The Woodlanders run outdoor Saturday events in Woodland Park. The aim is to improve the park environment, protect wildlife - and have some fun too. **Everyone is welcome!** The Summer Picnic is on 20th July. The Spring work event is from 10am to 1pm on Saturday 6th April. You can join in the work or just enjoy watching other people at work. On Saturday June 8th there's a "bioblitz" (Google it!) in the park's community orchard and meadow. Apple Day is on September 14th and the year finishes with the Winter Festival from 10am to 1pm on December 14th.

Scan the QR code for latest info on the group's Facebook page.



# MAINDEE TRIANGLE

**THE TRIANGLE IS YOUR SPACE:  
100% COMMUNITY FOCUSED**

Do you want to run the cafe?  
Have a stall at the market?  
You can book the indoor space.  
Your space for your ideas!



The Triangle,  
Chepstow Road, Newport NP19 8EE  
triangle@maindee.org or 07948 624781



Four international musicians at the top of their game have come together to share their love of music. The focus is on accessibility and musicianship. You will absolutely love the

# KHARIS QUARTET



7PM SATURDAY 4TH MAY 2024  
LLYFRGELL MAINDEE LIBRARY NP19 8BY

Tickets £10 on door or Eventbrite  
Free entry for young people under 18



Maindee Unlimited is an incorporated charity run by local volunteers. It was set up in 2015. We are based in the library on Chepstow Road next to the Police Station.

**Maindee** The charity publishes the newsletter three times a year. It is delivered door to door to over 3000 households in the Maindee area by a team of volunteers. Contributions are welcome. They can be dropped into, or posted to the library, or emailed to [admin@maidee.org](mailto:admin@maidee.org).

Contact us to discuss advertising. Rates are £250: full A5 page; £150: half page; £90 quarter page. Discounted rates available for small local businesses.

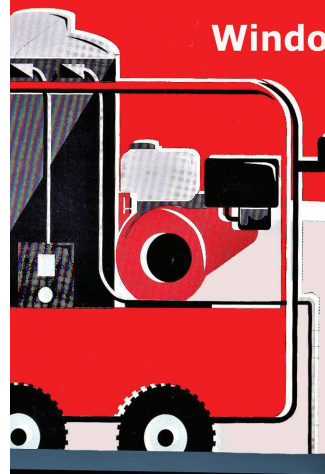
© Maindee Unlimited (Charity No. 1160272) 79 Chepstow Road, Maindee NP19 8BY  
[www.maidee.org](http://www.maidee.org)



## ***Dunham & Sons Window Cleaning***

**A family run business providing a first class service.**

**Windows, doors, conservatories and orangeries  
Frames always cleaned as standard  
Soffits, PVC and gutter cleaning  
services also available**

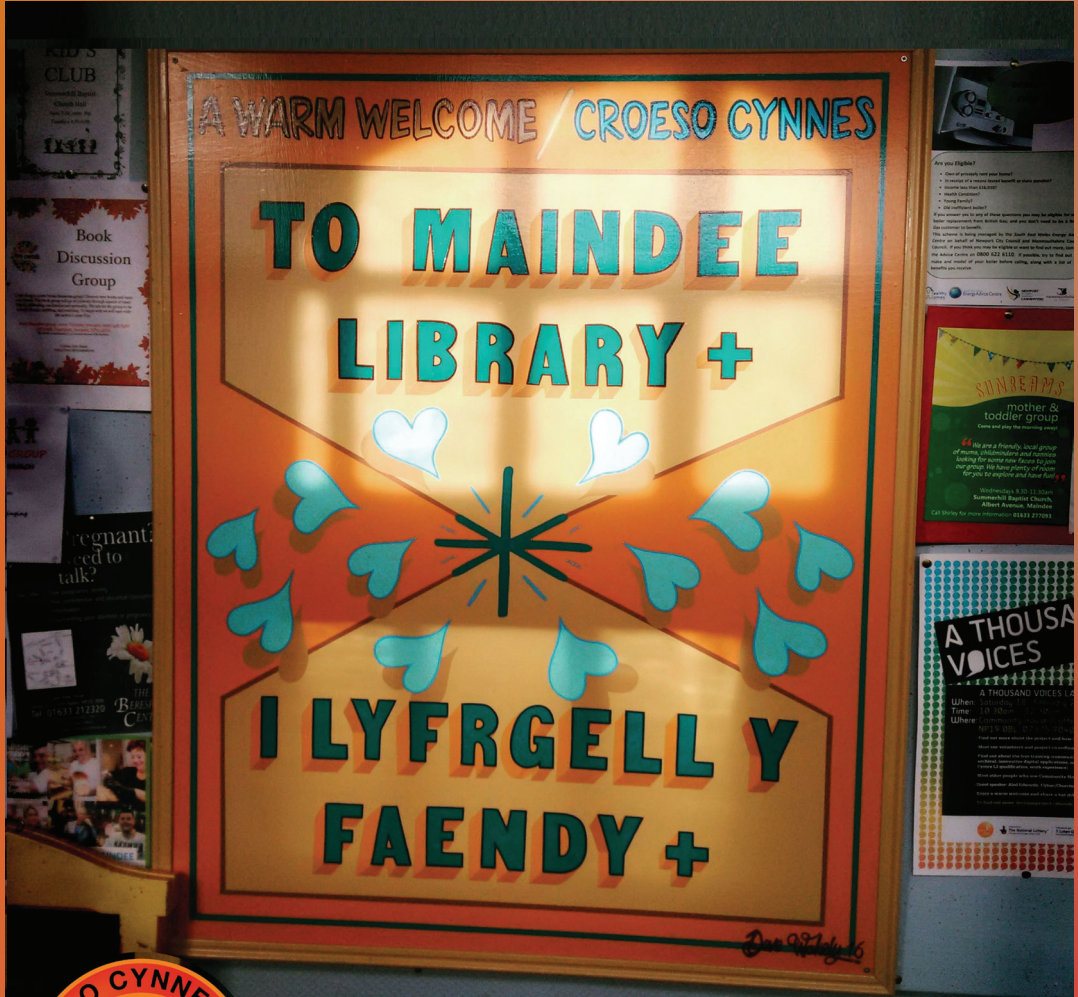


**Call or text for a free quote**

**Ian: 07980 944115**

**Charlotte: 07530 164133**





... the library is free, safe,  
warm and welcoming

Until April, Llyfrgell Maindee Library is serving free hot drinks and will be staying open on Wednesdays to 7pm for free sandwiches, soup and family games from 5pm onwards. There will also be free meals served at 4pm on Sunday 25th February and 4pm on Sunday 24th March.

WEDI'I YERU GAN  
**FFYNIANT  
— BRO —**



Wedi ei ariannu gan  
Llywodraeth y DU



**NEWPORT**  
CITY COUNCIL  
CYNGOR DINAS  
**CASNEWYDD**

**M**  
Maindee